



Mission Success Starts With Safety



SSC Monthly Construction Contractor Meeting

Safety Presentation

Preventing Falls / Heat Stress

May 02, 2024



Mission Success Starts With Safety

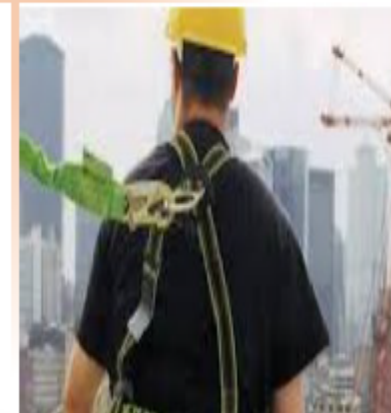


Preventing Falls & Work-related Heat Illnesses Webex



U.S. Department of Labor OSHA

Preventing Falls and Work-Related Heat Illnesses
OSHA Region IV (Southeastern US)



QR Code for Webex Meeting

Falls are the leading cause of death and injuries in construction and slip, trips and falls are the third leading cause of injuries in General Industry. Work related heat causes on average over 3300 lost day illnesses or deaths each year.

To help you address these issues, OSHA, the Alabama Consultation Program and the Southeastern OSHA Training Institute Education Center, NC State invites you to join us to learn more about:

- OSHA National Emphasis Program for Outdoor and Indoor Heat-Related Hazards
- Recognizing and preventing heat related hazards
- Recognizing and mitigating falls hazards in construction and general industry
- OSHA's Whistleblower Protection
- Identifying available resources to facilitate and maintain compliance

Wednesday, May 8, 2024

at 09:30 AM – 11:15 AM Eastern Time (US and Canada)

Join Webex Meeting

<https://usdol.webex.com/usdol/j.php?MTID=ma8f46472990212342fbc3d4cfbba99cf>

- **Simultaneous Spanish Translation will be Available**

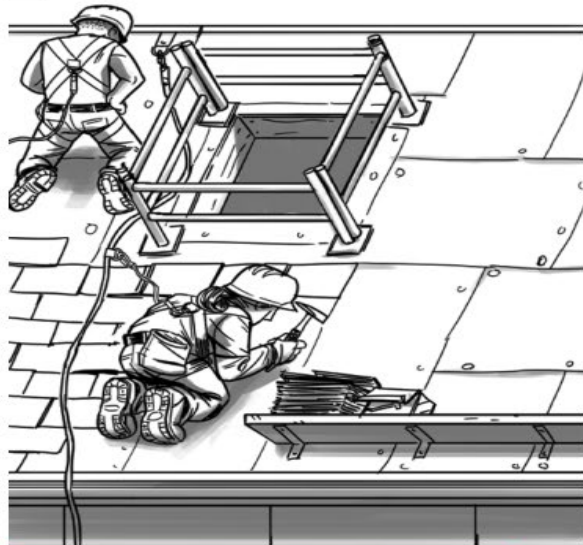
Join the
**National Safety
 Stand-Down**
 To Prevent Falls in Construction

MAY 6-10, 2024



FALLS FROM ROOFS CAN BE PREVENTED!

- ✓ Wear a harness and always stay connected
- ✓ Make sure your harness fits
- ✓ Use guardrails or lifelines
- ✓ Inspect all fall protection equipment before use
- ✓ Guard or cover all holes, openings, and skylights



DON'T
 disconnect from
 the lifeline



DON'T
 work around unprotected
 openings or skylights



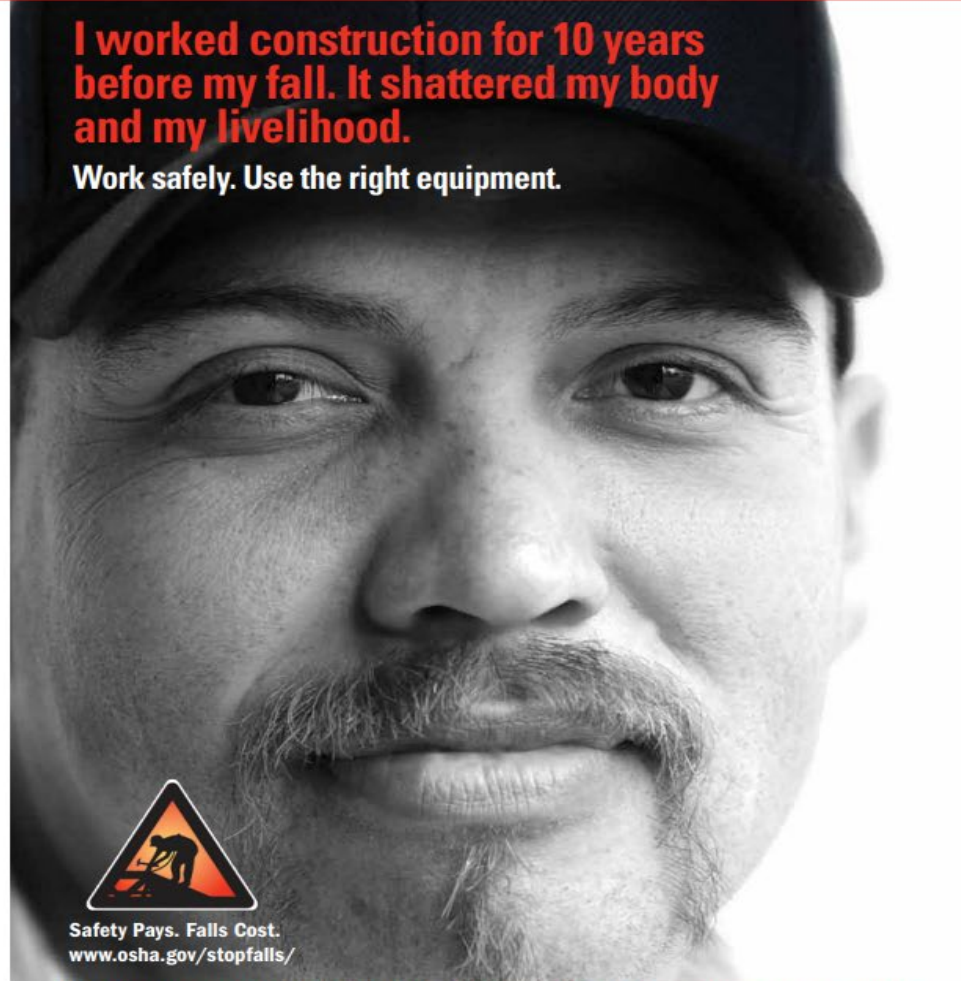
DON'T
 use defective equipment

PLAN ahead to get the job done safely.
PROVIDE the right roof equipment.
TRAIN everyone to use the equipment safely.

FALL PREVENTION FACT SHEET

**I worked construction for 10 years
 before my fall. It shattered my body
 and my livelihood.**

Work safely. Use the right equipment.



Safety Pays. Falls Cost.
www.osha.gov/stopfalls/



OSHA Occupational Safety and Health Administration
 1-800-321-OSHA (6742) • TTY 1-877-889-5627
www.osha.gov

PLAN ahead to get the job done safely. **PROVIDE** the right equipment. **TRAIN** everyone to use the equipment safely.

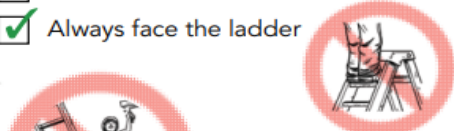
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FALLS FROM LADDERS CAN BE PREVENTED!

- ✓ Choose the right ladder for the job
- ✓ Maintain three points of contact
- ✓ Secure the ladder
- ✓ Always face the ladder



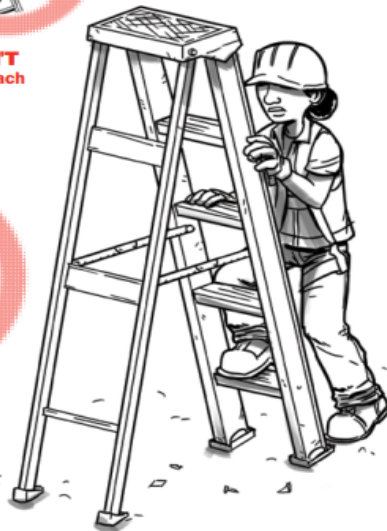
DON'T
stand on top or on the
top step of a stepladder



DON'T
overreach



DON'T
place the ladder on
uneven footing



PLAN ahead to get the job done safely.
PROVIDE the right ladder and equipment.
TRAIN everyone to use the equipment safely.

FALLS FROM SCAFFOLDS CAN BE PREVENTED!

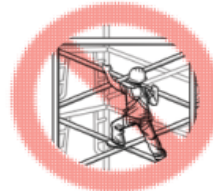
- ✓ Use fully planked scaffolds
- ✓ Ensure proper access to scaffold
- ✓ Plumb and level
- ✓ Complete ALL guardrails
- ✓ Ensure stable footing
- ✓ Inspect before use (by competent person)



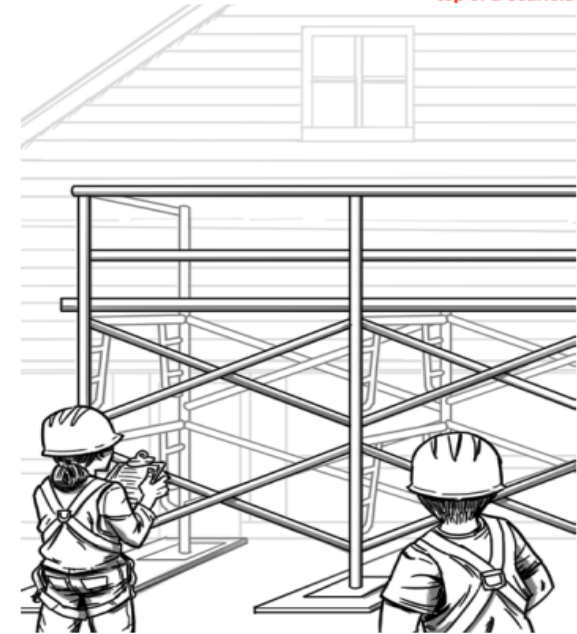
DON'T
use a ladder on
top of a scaffold



DON'T
stand on guardrails



DON'T
climb cross-braces



PLAN ahead to get the job done safely.
PROVIDE the right scaffold and equipment.
TRAIN everyone to use the equipment safely.