SLIPS, TRIPS AND FALLS

FALL PROTECTION T1704-02

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WHAT'S AT STAKE

- Slip, trip and fall in all kinds of workplaces
- The leading cause of injuries



WHAT'S THE DANGER

- Falls cause injury or death
- Falls from the same level

EXAMPLES:

- Run down a flight of stairs
- Walk a corridor while reading instructions
- Slip on a slick surface
- Tripping on an obstacle



HOW TO PROTECT YOURSELF Appropriate Clothing

- Don't wear shoes
 with loose soles
- Wear non-slip soles
- Loose pant cuffs are tripping hazard

HOW TO PROTECT YOURSELF Adequate Lighting

- Report burnedout lights
- Turn on lights
 before entering
 an area



HOW TO PROTECT YOURSELF Clear Paths

- Move or report litter
- Watch for loose or torn carpeting
- Watch out for unexpected hazards
- Report them

HOW TO PROTECT YOURSELF Respect Slickness

- Obey signs
- Clean up spills



- Wet footwear slides more easily
- Take small steps and walk slowly

HOW TO PROTECT YOURSELF Walk Safely

- Keep your head up
- Don't run down a hallway
- Never engage in horseplay
- Use handrails
- When carrying a load, make sure you can see over and around it

HOW TO PROTECT YOURSELF Office Smarts

- Don't tip back in a chair
- Keep drawers closed



HOW TO PROTECT YOURSELF Elevate Wisely

- Don't stand on makeshift platforms
- Use a stepstool, ladder or scaffold



HOW TO PROTECT YOURSELF Working At Heights

 Use required fall protection equipment and all safe procedures



Safety Talks! Final Word



Be aware of fall hazards, and repair or report them promptly