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### INDUSTRIAL TRADES

### Don't Let a Trench Be Your Grave

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An experienced trench worker Left his young son fatherless Worker in narrow ditch replacing sewer line Wall of dirt collapsed and buried him Trench was not properly sloped

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## This tragedy is familiar but preventable

Trenches five feet deep or more need support

**Don't enter unprotected trench** 

No matter what any supervisor says

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# Can you survive trench collapse?

- Many workers don't
- One square yard of dirt weights 3,000 lbs
- Try breathing with this weight on your chest

# Cave-in most common hazard caused by:

- Weak soil
- Vibration from heavy equipment
- Water leaking into trench
- Soil placed too close to edge

#### Another hazard is toxic gases

- If you suspect "bad air," stay out
- Low oxygen levels can render you unconscious
- Electrocution another hazard in trenches
- And explosions of natural gas

Daily inspections By competent person Inspect trenches at start of each shift And after rainfall Don't forget ladder as safe means of entry/exit

# Establish protective systems, including

- Sloping cut back trench walls at angle
- Shoring support walls with cross-braces
- Shielding use trench box to prevent collapse

