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Hot Safety Tips For Welding, Cutting & Grinding

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Welding, cutting, grinding pose great risks

- **Eyes and skin may be burned**
- **Hearing may be damaged**
- **An electric shock could kill you**
- **There are sparks, flying chips,
compressed gases**
- **And dangerous fumes**

It's crucial to be cautious

- **Wear your PPE**
- **Maintain a safe workplace**
- **Follow safety rules**

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PPE includes:

- **Eyewear**
- **Hearing protection**
- **Heat-resistant clothing**
- **Safety boots**
- **Flameproof gloves**

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You need respiratory protection

- To guard against toxic chemicals and gases
- Get proper training on a respirator
- Have respirator fitted properly

Keep your work area safe

- Weld in well-ventilated areas
- Ensure confined spaces are atmosphere-tested
- Do not work near flammables or combustibles
- Keep fire extinguisher handy

Use approved equipment in good condition

Follow manufacturer's instructions

Inspect equipment for:

- **Loose connections**
- **Bare wires**
- **Bare cables**

Check that it's properly grounded

Follow compressed gas cylinder safety procedures

Keep aisles and stairways clear

Keep people a safe distance from operations

Learn first aid

Know location and proper use of:

- Safety showers
- Eyewash stations

Watch for signs of metal fume fever

Symptoms include:

- Metallic taste in mouth
- Dry nose and throat
- Weakness, fatigue and joint pain
- Fever, chills and nausea

Notify supervisor immediately of symptoms

Take responsibility for your safety

- Wear your PPE
- Maintain a safe workplace
- Follow safety rules

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SAFETY TALKS! For Construction

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